

**STUDENT'S BOOK**  
**WITH KEY + DIGITAL STUDENT'S BOOK**

**FOURTH EDITION**



and Student's App

# READY FOR

**ROY NORRIS**



macmillan  
education

**B2**  
**FIRST**

**STUDENT'S BOOK  
WITHOUT KEY**

**FOURTH EDITION**



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**ROY NORRIS**



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# INTRODUCTION

Welcome to *Ready for First*, a course which is designed to help you prepare for *Cambridge English Qualifications: B2 First*.

This book contains a wide range of activities aimed at improving your English and developing the language and skills which you will need to pass the examination. Each unit of *Ready for B2 First* includes one or more Language focus sections, which revise the main grammar areas, together with Vocabulary slots which will help you to increase your word store.

A significant feature of the Reading and Use of English syllabus in the book is the systematic approach to Word formation. At regular intervals you will find special sections which focus on the most important aspects of word building, ensuring that you are properly prepared for this part of the examination. There are also sections devoted to the important skill of paraphrasing and recording new vocabulary.

**Roy Norris**

## Overview of the Examination

### Reading and Use of English 1 hour 15 minutes

| Part | Task Type               | Number of Questions | Task Format  |
|------|-------------------------|---------------------|--|
| 1    | Multiple-choice cloze   | 8                   | A text with 8 gaps; there is a choice of 4 answers for each gap.   |
| 2    | Open cloze              | 8                   | A text with 8 gaps, each of which must be completed with one word.   |
| 3    | Word formation          | 8                   | A text containing 8 gaps. The task is to complete each gap with the correct form of a given word.                        |
| 4    | Key word transformation | 6                   | Gapped sentences which must be completed using a given word.   |
| 5    | Multiple choice         | 6                   | A text followed by multiple-choice questions with four options.  |
| 6    | Gapped text             | 6                   | A text from which sentences have been removed. Candidates replace each of these in the appropriate part of the text.     |
| 7    | Multiple matching       | 10                  | A text preceded by multiple-matching questions which require candidates to find specific information in a text or texts. |

### Writing 1 hour 20 minutes

| Part | Task Type | Number of Tasks           | Task Format  |
|------|-----------|---------------------------|--|
| 1    | Essay     | 1 (compulsory)            | Candidates are given an essay title and notes to guide their writing.  |
| 2    |           | 3 (candidates choose one) | A writing task with a clear context, purpose for writing and target reader. Candidates write one of the following: article, email, letter, report, review. |

### Listening about 40 minutes

| Part | Task Type           | Number of Questions | Task Format   |
|------|---------------------|---------------------|---|
| 1    | Multiple choice     | 8                   | Short unrelated extracts of approximately 30 seconds each with one or more speakers. There are 3 options for each question.                           |
| 2    | Sentence completion | 10                  | A monologue lasting approximately 3 minutes. Candidates write a word or short phrase to complete sentences.   |
| 3    | Multiple matching   | 5                   | Five short monologues, each lasting approximately 30 seconds. The extracts are all related to a common theme. Candidates match extracts with prompts. |
| 4    | Multiple choice     | 7                   | An interview or conversation between two or more speakers lasting approximately 3 minutes. There are 3 options for each question.                     |

### Speaking 14 minutes

| Part | Task Type                 | Time      | Task Format   |
|------|---------------------------|-----------|---|
| 1    | Interview                 | 2 minutes | Candidates give personal information in response to questions from the interviewer.   |
| 2    | Talking about photographs | 4 minutes | Each candidate talks about two pictures for about 1 minute, and comments briefly on the other candidate's pictures.   |
| 3    | Collaborative task        | 4 minutes | Candidates are given instructions with written prompts which they use for discussion. Candidates speak for about 3 minutes in total; the giving of instructions takes about 1 minute. |
| 4    | Further discussion        | 4 minutes | The interviewer leads a discussion which is related to the topic of Part 3.   |

# 1

# LIFESTYLE

## KEY LANGUAGE

Habitual behaviour

*Be used to, get used to and used to*

Lifestyle

Clothes

*Get*

## PRONUNCIATION

Pronouncing questions

## EXAM PRACTICE

Reading and Use of English Parts 1, 2, 4 & 7

Writing Part 2

Listening Parts 1 & 3

Speaking Parts 1 & 2

## Speaking Part 1 Interview

Work with a partner. Discuss the questions.

- 1 What do you usually do at the weekend?
- 2 Describe your morning routine before you go to school/college/work.
- 3 Do you ever meet up with your friends on weekday evenings?
- 4 What is your favourite weekday?
- 5 What did you do yesterday evening?

### How to go about it

- Do not answer just 'yes' or 'no' to the examiner's questions. Develop your answers by giving reasons or examples.
- Do not learn long pre-prepared answers. You are likely to sound unnatural and you may not answer the questions correctly.

## Vocabulary Lifestyle

1 Look at the verbs and adjectives that can all be used with the noun *lifestyle* to form collocations. Collocations are pairs or groups of words that are often used together.

|      |             |             |           |           |
|------|-------------|-------------|-----------|-----------|
| have | a/an        | active      | luxurious | lifestyle |
| live |             | alternative | outdoor   |           |
| lead |             | busy        | relaxed   |           |
|      | chaotic     | sedentary   |           |           |
|      | comfortable | simple      |           |           |
|      | healthy     | stressful   |           |           |

Underline those adjectives which could be used to describe *your* lifestyle.

2 **SPEAK** Work in pairs. Compare your adjectives with your partner, explaining your choices.

*I **have** quite a **healthy** **lifestyle** at the moment. I'm eating sensibly and doing a lot of exercise.*

3 **SPEAK** Discuss the following questions. As in other parts of this book, common collocations are shown in bold.

- Would you like to **change your lifestyle**? Why/Why not?
- Do you **lead an active social life**? What kinds of things do you do?
- What do you think is meant by the **American way of life**? How would you describe the **way of life** in your country to a foreigner?
- What are some of the positive and negative aspects of our **modern way of life**? In what ways, if any, was the **traditional way of life** in your country better?
- Why are people so interested in the **private lives** of celebrities? Do they interest you?

What might the people find difficult about their lifestyles?

