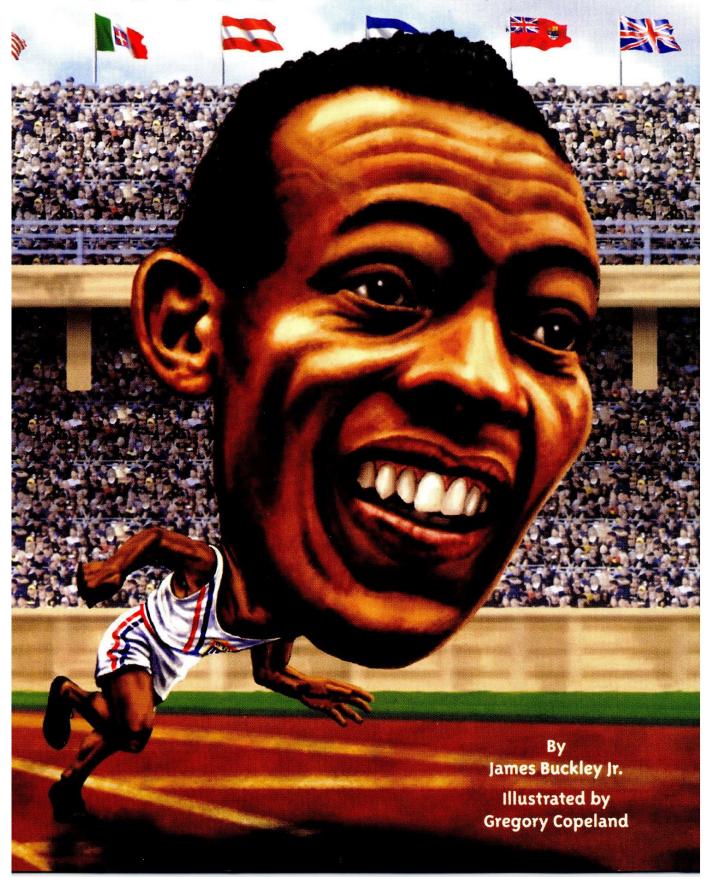
مرجع آموزت زبان ايرانيان





این مجموعه با لوگوی مرجع زبان ایرانیان به صورت نشر بر خط و حامل به ثبت رسیده است. به ثبت رسیده است. کپی بر داری از آن خلاف شرع، قانون و اخلاق است و شامل پیگیرد خواهد شد.

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By James Buckley Jr.
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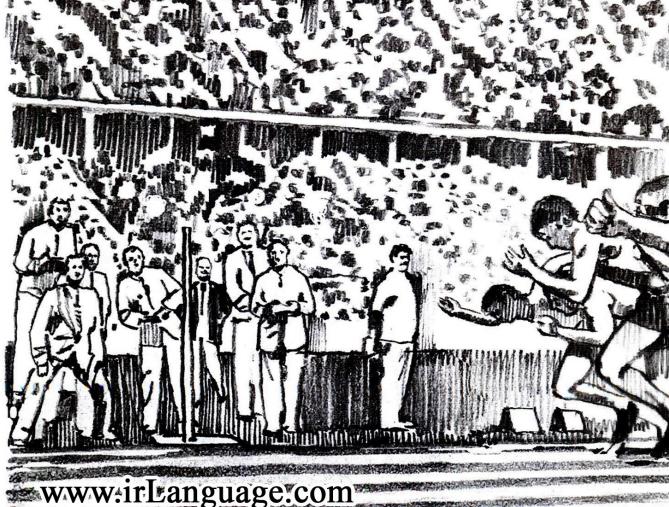
In rural Alabama, Jesse Owens sprinted across farmland and ran along dirt roads. He ran to the fields where he picked one hundred pounds of cotton a day. He ran to the orchards where he and his large family picked fruit from the trees. He ran with friends, playing games when they were not working alongside their parents.



Jesse ran because it made him feel free.

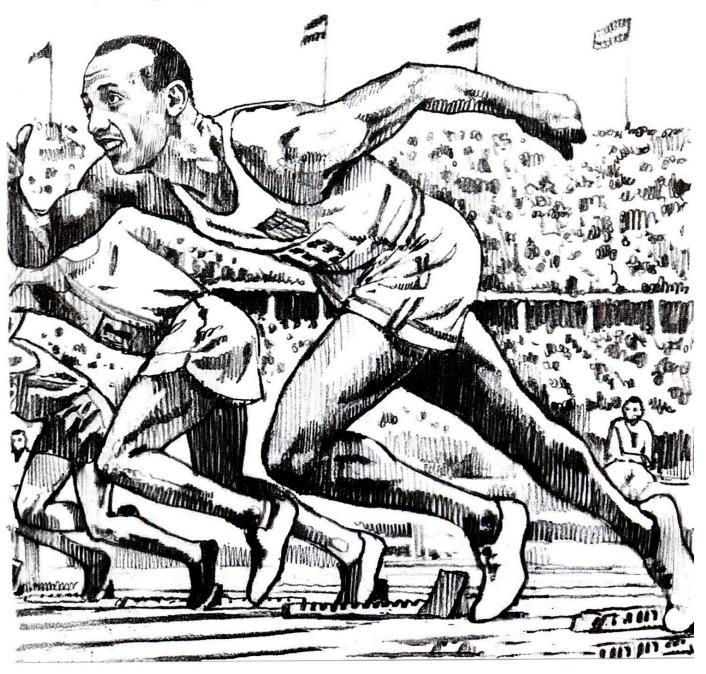
"I always loved running," he later said. "It was something you could do by yourself and under your own power. You could go in any direction, fast or slow as you wanted, fighting the wind if you felt like it, seeking out new sights just on the strength of your feet."

"Jesse would run and play just like everyone else," his cousin Mattie Taylor said of those days of playing in Alabama. "But you could never catch him."



No one ever did catch Jesse Owens. The young man who began running barefoot in those Alabama fields became one of the greatest sprinters in history. At the 1936 Olympic Games, he won four gold medals and became an international hero.

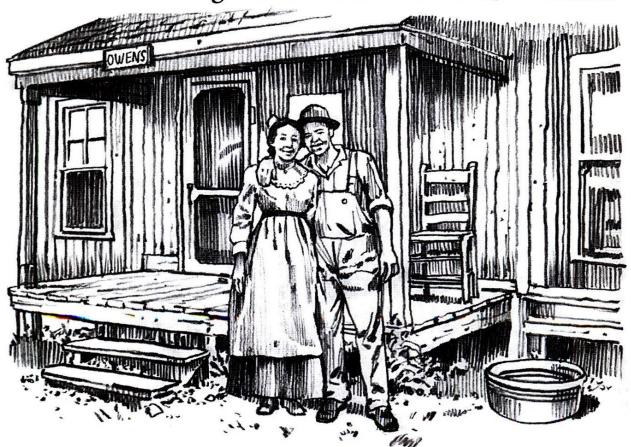
Jesse Owens started running when he was just a young boy, and he never stopped.



Chapter 1 Home in Alabama

Henry and Emma Owens were both the children of slaves who had lived in Alabama. By the time Henry and Emma married in 1896, slavery had ended, and African Americans were free throughout the United States. But life had not changed much for many black people.

After Henry and Emma married, they lived and worked on a large farm in rural Oakville, Alabama.





They did not own the farm. They were sharecroppers. That meant that they rented a small part of a larger farm from the owner. When the crops—mainly corn and cotton—were harvested, they received a share of the money from their sale. However, the farm's owner kept money for the Owenses' rent and for some of their food. After all that, the Owens family had very little money left.

Life was very difficult. Throughout the South, laws prevented black people from being treated equally and having all the opportunities that white people did. These laws were called "Jim Crow" laws.

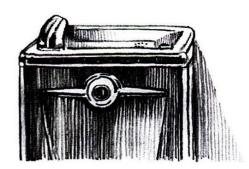
Henry and Emma had twelve children, three of whom died at birth. Three daughters—Ida, Josephine, and Lillie—survived. They were followed by six sons—Prentice, Johnson, Henry, Ernest, Quincy, and Sylvester.



JIM CROW LAWS









AFTER THE SOUTHERN STATES LOST THE CIVIL WAR IN 1865, WHITE PEOPLE CONTINUED TO DISCRIMINATE AGAINST BLACKS, WHO WERE NOW PREE. SOUTHERN STATES PASSED LAWS THAT KEPT BLACK PEOPLE APART FROM WHITES. THERE WERE HUNDREDS OF THESE LAWS. TOGETHER, THEY WERE KNOWN AS JIM CROW LAWS, NAMED AFTER A CHARACTER IN A STAGE SHOW.

BLACK AND WHITE CHILDREN COULD NOT GO TO SCHOOL TOGETHER. BLACK PEOPLE COULD NOT EAT AT WHITE-OWNED HOTELS OR RESTAURANTS, OR EVEN USE PUBLIC SWIMMING POOLS. BUSES AND RAILROADS HAD SEPARATE SEATING AREAS FOR BLACKS AND WHITES. THERE WERE EVEN SEPARATE DRINKING FOUNTAINS FOR BLACKS AND WHITES.

SOME EIGHTY YEARS LATER, IN THE 1960S, THE CIVIL RIGHTS MOVEMENT PUT AN END TO THESE LAWS.

The entire family lived in a three-room wooden house. It was not well made, and wind blew between the wall boards. The children crowded into two rooms to sleep. There were not enough

beds, so some slept on the floor.

In 1913, another son, James Cleveland Owens, was born. Known to everyone as J. C., the boy was the thirteenth and youngest child in the large Owens family.

He suffered from several childhood illnesses.

Nearly every winter, he had pneumonia, a dangerous disease in which his lungs filled with fluid. He caught cold after cold and often had bad coughs. He suffered from painful growths on his skin. There was no doctor or nurse nearby, nor any money to travel to visit one.



J. C. grew up working with his family on their farm. There was no school for sharecroppers' children in Oakville. Work came first. When the

work was done, one of the adults might gather the children and teach lessons. Food was never fancy—beans and fruit and biscuits made up most meals. The family had meat only on special holidays, such as Christmas and Easter. J. C. later said, "I remember there was no money to buy clothing. I was embarrassed when I saw the neighbor girls and I didn't have enough clothing to fully cover my body."

J. C. knew his life was hard. But he once said, "We had a lot of fun. We always ate."

Together, the Owens family walked nine miles each way every Sunday to Oakville Missionary Baptist Church. During their walks, the family talked of their dreams and hopes. J. C. said that one day he was going to college. No Owens family member had ever gone to college. Such a thing seemed impossible for someone from a poor black family in Alabama.



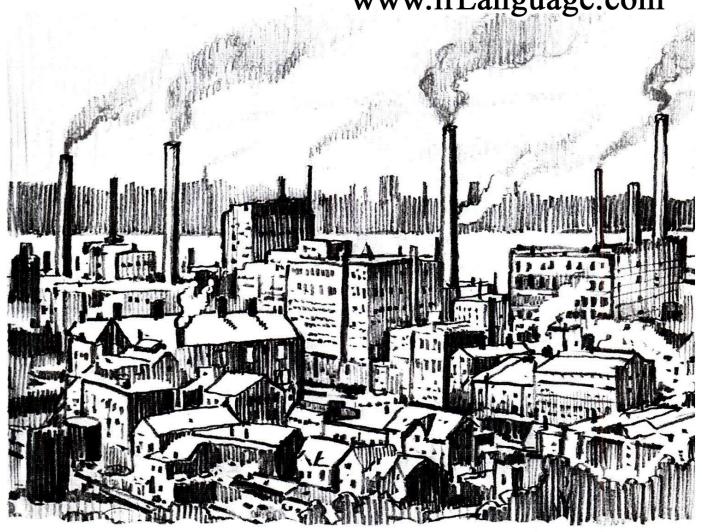
Chapter 2 Heading North

Cotton had long been the South's most important crop. In the 1910s, swarms of insects called boll weevils destroyed many acres of cotton. Farmers and sharecroppers like the

Owens family suffered, with no crops to sell. At this time, factories were booming in the northern states. Hundreds of thousands of black Americans moved north to find work in these factories.

Many moved to big cities in the midwestern states of Ohio, Illinois, and Michigan.

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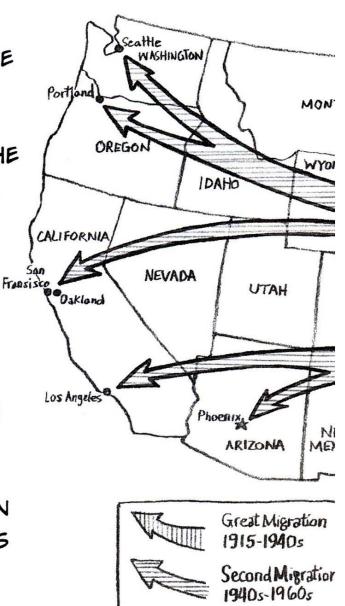
J. C.'s older sister Lillie was among those who headed north. After settling with cousins in Cleveland, Ohio, she wrote to her mother about the jobs there. As life got harder and harder in Alabama, Emma Owens convinced her husband that the family should try a new life. In 1922, Henry moved with his two oldest sons to join Lillie.

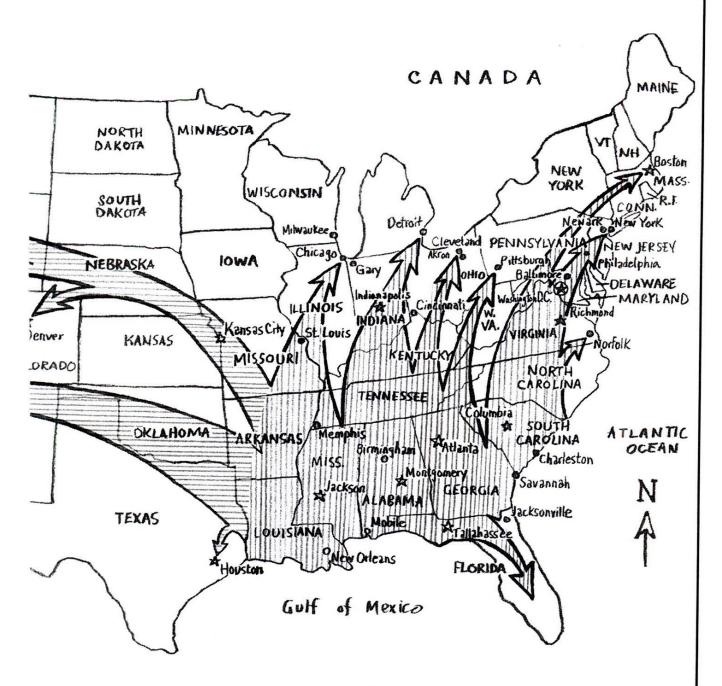
THE GREAT MIGRATION

AT THE START OF THE TWENTIETH CENTURY, NINE OUT OF TEN AFRICAN AMERICANS LIVED IN SOUTHERN STATES, BY THE MIDDLE OF THE CENTURY, THE PROPORTION WAS DOWN TO LESS THAN ONE IN FIVE. THE GREAT MIGRATION LASTED FROM ABOUT 1910 UNTIL THE 1960S. MORE THAN SIX MILLION BLACK PEOPLE LEFT THE SOUTH FOR THE NORTH AND WEST. THEY WERE IN SEARCH OF BETTER JOBS AND BETTER LIVES.

IN NORTHERN CITIES, THE NEW ARRIVALS LIVED

IN NEIGHBORHOODS WITH OTHER BLACK PEOPLE. IN SOME OF THESE CITIES, MORE THAN HALF THE RESIDENTS WERE AFRICAN AMERICAN. BLACK PEOPLE FILLED ASSEMBLY-LINE JOBS IN FACTORIES THAT MADE CARS, TRUCKS, AND STEEL.





MANY WOMEN FOUND WORK AS MAIDS OR COOKS IN THE HOUSES OF WHITES WHO COULD AFFORD TO HIRE THEM.

THE GREAT MIGRATION CREATED NEW OPPORTUNITIES FOR MILLIONS OF FAMILIES.

A few months later, he sent for the rest of his family. Before Emma left, she sold nearly all their possessions to help pay for the trip. The sale brought in only \$24 (about \$300 today).

Things were very different in Cleveland for the Owens family. In Alabama everyone they knew was black. Now their neighbors included many white people. These people were immigrants looking for a better life just like the Owens family.

In Cleveland, J. C. went to school for the first time. At Bolton Elementary he was put in the first grade, though he was nearly ten years old.



He soon improved his reading enough to move up a grade. When he moved to Cleveland, he was still called J. C. by family and friends. However, his teacher at Bolton misheard his name. She thought it was *Jesse*. The new kid in class, young J. C. was too shy to correct her. From then on, he was called *Jesse* by almost everyone.

The family lived in a large rented house. Henry worked at a steel mill. Emma cleaned houses. All the older children worked as much as they could.



By 1928, Jesse had improved enough academically to attend Fairmount Junior High. He spent hours after school helping out at Tony's Shoe Repair. He also worked at a greenhouse and made deliveries



The money helped the family buy food and clothes and pay the rent.

While he was in junior high, Jesse met Minnie Ruth Solomon. She was a friend of his sisters. Soon they were dating. "I fell in love with her the first time we ever talked," he later said. Known as Ruth, she was also from the South, having grown up in Georgia. They would be together for the rest of Jesse's life.

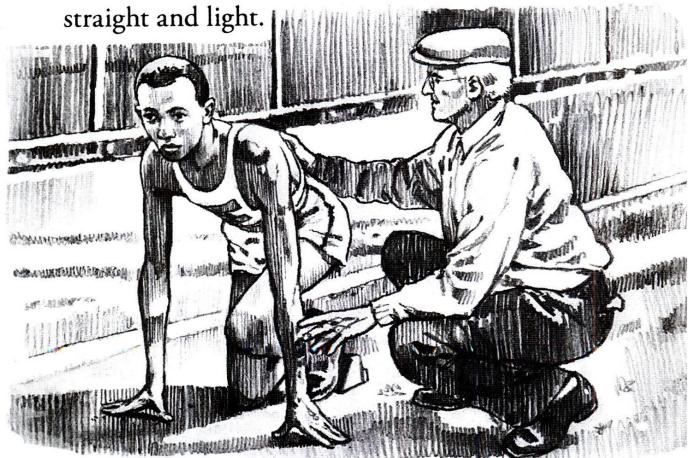




In 1929, Jesse met Charles Riley. Mr. Riley was a teacher and the track team coach at Fairmount Junior High. He had seen Jesse running with friends at lunchtime. He watched Jesse running on the playground and saw something special. He offered to help him become an even better runner.

Chapter 3 School Days

Jesse wanted to work with Coach Riley, but there was a big problem. Jesse had so many jobs after school, he had little time to train! Coach Riley agreed to meet him early in the morning before school started. He showed Jesse how to run smoothly and easily. He told Jesse to run as if he were stepping over hot coals, to stay strong and



Coach Riley also welcomed Jesse into his home and invited him over for dinner. Jesse later said that Coach Riley was the first white person he had ever really known.

At age seventeen Jesse began taking classes at East Technical High School. By then, all his siblings were working full-time; none had finished high school. Jesse wanted to be different.



He saw attending high school and being on the track team as the pathways to success. Fortunately for him, Coach Riley had been asked to help with East Technical's track team.

Jesse's great speed and Riley's coaching were a winning combination. Jesse won race after race. He was best at sprinting, at the 100-yard and 220-yard dashes, which were the shortest races.



In 1932, Coach Riley introduced Jesse to gold-medal champion Charley Paddock, who had won the 100-meter dash (similar to the 100-yard dash) at the 1920 Olympics. Paddock also held the world 100-meter record at the time—10.4 seconds. He was known as the "fastest man in the world." Paddock talked to Jesse about how much hard work was required to be the best. Jesse was inspired by the great runner's words.



Even though he was still in high school, Jesse tried out for the 1932 Summer Olympics.
Trials were held at Northwestern University in Evanston, Illinois, to find the best athletes for each race. Jesse had won a lot of high-school races but

had never faced such skilled competitors before.

CHARLEY PADDOCK (1900-1943)

CHARLES PADDOCK WAS ONE OF THE BEST SPRINTERS OF THE EARLY TWENTIETH CENTURY. BORN IN TEXAS, HE WAS ONLY EIGHTEEN AND IN

THE US ARMY WHEN HE WON HIS FIRST BIG RACES AT A MEET IN PARIS. THE FOLLOWING YEAR, HE WON THE 100-METER RACE AT THE 1920 OLYMPICS IN BELGIUM.

PADDOCK SET A WORLD RECORD BY

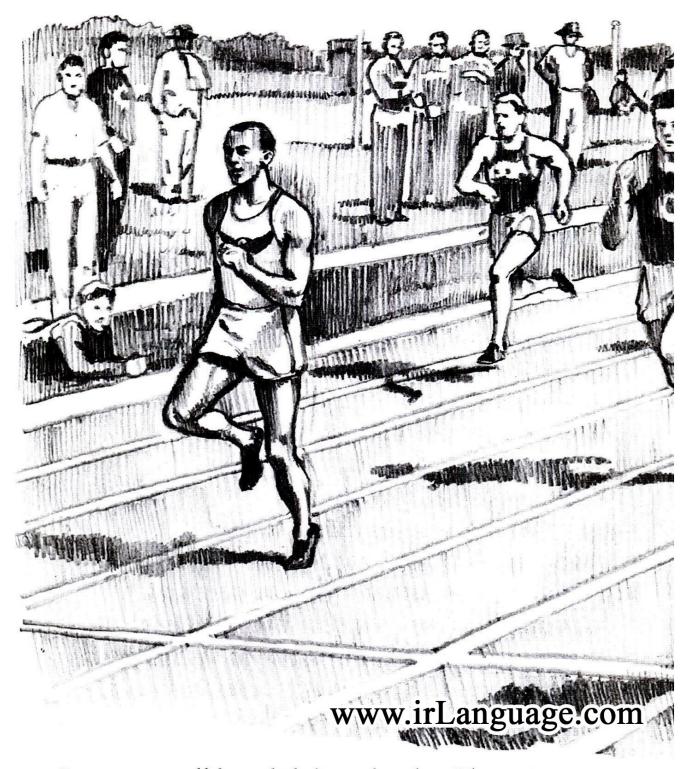
HE EARNED A SECOND

GOLD MEDAL IN THE 400METER RELAY AND A SILVER
FOR FINISHING SECOND IN
THE 200-METER DASH. IN 1921,

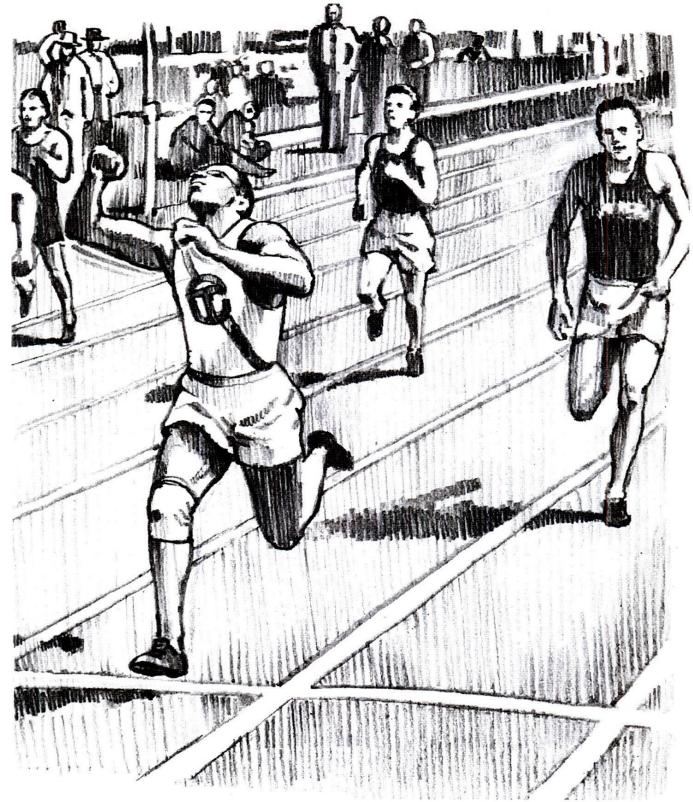
RUNNING THE 100 METERS IN 10.4 SECONDS.

PADDOCK WAS FAMOUS FOR TAKING A BIG LEAP WITH HIS ARMS OUTSPREAD AS HE REACHED THE FINISH. HE SEEMED TO FLY OVER THE LINE. HE WAS A HANDSOME, WELL-SPOKEN MAN WHO ENJOYED ALL THE ATTENTION HIS FAMOUS SPEED BROUGHT HIM.

WHEN WORLD WAR II BEGAN, HE RETURNED TO THE MILITARY, SERVING IN THE MARINES. DURING THE WAR HE WAS KILLED IN AN AIRPLANE CRASH IN ALASKA.



Jesse ran well but didn't make the Olympic team that year. Among the runners that beat him was Eddie Tolan. At the 1932 Olympics,



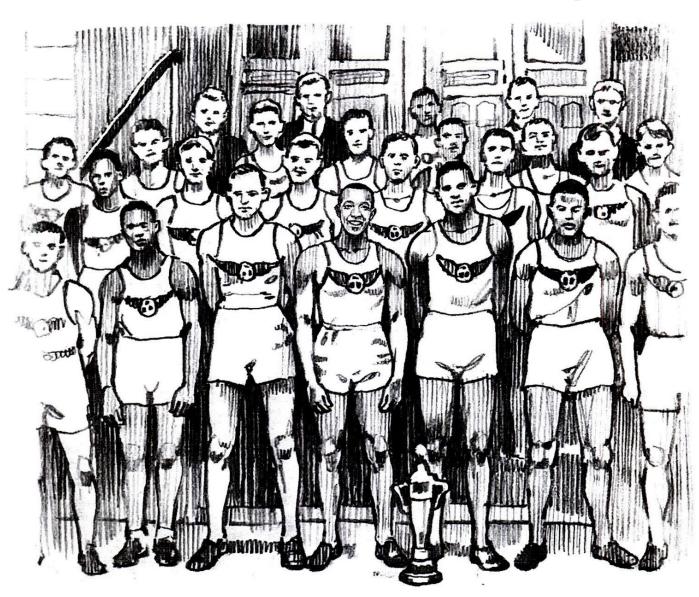
Tolan became the first African American to win the 100-meter gold medal.



Not long after the Olympics ended, Jesse became a father. Ruth gave birth to their daughter Gloria on August 8, 1932. Ruth still lived with her parents, so they helped her raise the baby.

Jesse still lived with his parents, too. He helped Ruth and the baby with money earned from his after-school jobs.

All through the fall, Jesse's popularity grew. His classmates chose him as president of the student council. The track team made him captain.



By the spring of 1933, Jesse was setting records. In June of his senior year, he tied the world record in the 100-yard dash at just 9.4 seconds! His time of 20.7 seconds in the 220-yard race gave him a national high-school record, as did his long jump of 24 feet, 9 inches. All those records were set at a single high-school meet in Chicago. East Technical High scored a total of 54 points and won the meet. Jesse scored 30 points all by himself!

Newspapers from many US cities wrote articles about him and his records. Many track coaches hoped he would attend their universities.



The dream that Jesse had had on those long walks to church back in Alabama was coming true. He was going to college.

TRACK AND FIELD

TRACK AND FIELD WAS PART OF THE ANCIENT OLYMPIC GAMES IN GREECE NEARLY 2,800 YEARS AGO. IT IS ONE OF THE WORLD'S OLDEST ATHLETIC COMPETITIONS.

TODAY A TRACK-AND-FIELD COMPETITION IS USUALLY CALLED A MEET. TRACK EVENTS INCLUDE FOOTRACES OF MANY DIFFERENT DISTANCES, INCLUDING THE 100-METER, 200-METER, AND 400-METER DASHES AS WELL AS LONGER RACES SUCH AS RELAYS AND MARATHONS.

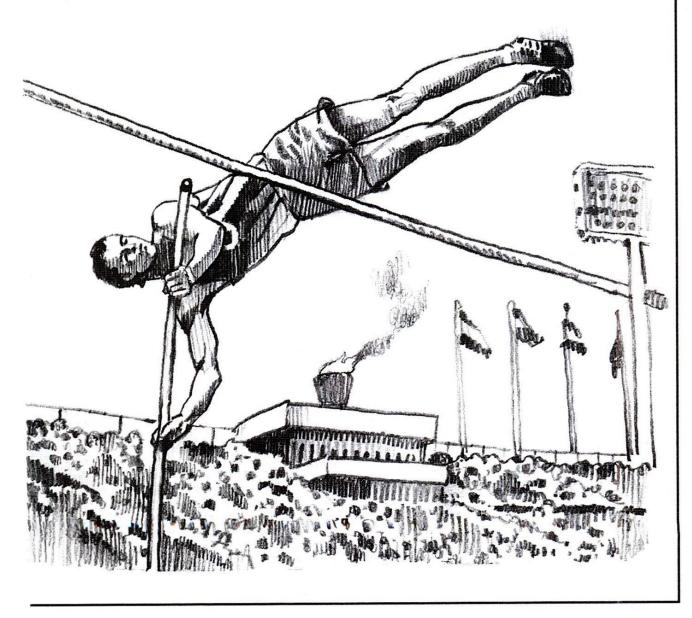
IN JESSE'S HIGH-SCHOOL AND COLLEGE MEETS, FOOTRACES WERE MEASURED IN YARDS.
IN THE OLYMPICS AND OTHER INTERNATIONAL COMPETITIONS, THEY WERE MEASURED IN METERS.

SHORT RACES ARE CALLED SPRINTS, OR DASHES, WHILE LONGER ONES, SUCH AS THE 5,000- AND 10,000-METER EVENTS, ARE CALLED DISTANCE RACES. IN SPRINTS, EACH RUNNER RUNS THE ENTIRE RACE INSIDE HIS OR HER OWN LANE TO AVOID BUMPING INTO OTHER RUNNERS.

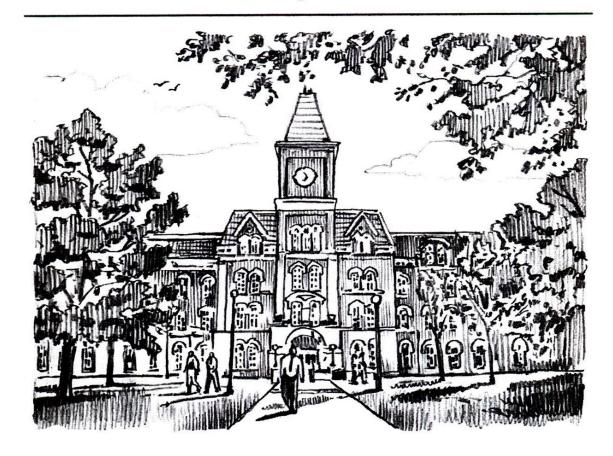
FIELD EVENTS INVOLVE JUMPING AND THROWING.
THE AIM OF THE LONG JUMP, FOR EXAMPLE, IS TO
SPRINT ALONG A RUNWAY AND LEAP AS FAR AS
POSSIBLE, LANDING IN A PIT OF SAND. OTHER
FIELD EVENTS INCLUDE THE HIGH JUMP, THE POLE

VAULT, THE JAVELIN THROW, THE SHOT PUT, AND THE DISCUS THROW. RESULTS ARE GIVEN IN BOTH FEET AND METERS.

SOME EVENTS COMBINE RUNNING AND JUMPING. IN HURDLING, LOW WOODEN BARRIERS ARE SPACED EQUALLY ALONG A TRACK. WHILE RUNNING FULL SPEED, SPRINTERS MUST LEAP OVER EACH HURDLE IN TURN.



Chapter 4 College Man



Jesse chose to attend Ohio State University in Columbus, about 145 miles from his home in Cleveland. Many of his black fans were disappointed. They thought he should attend an all-black university. And sportswriters for black

newspapers agreed. Throughout his life, Jesse tried to ignore such criticism. He wanted to live as he saw fit, regardless of his race; he didn't want race to separate people.

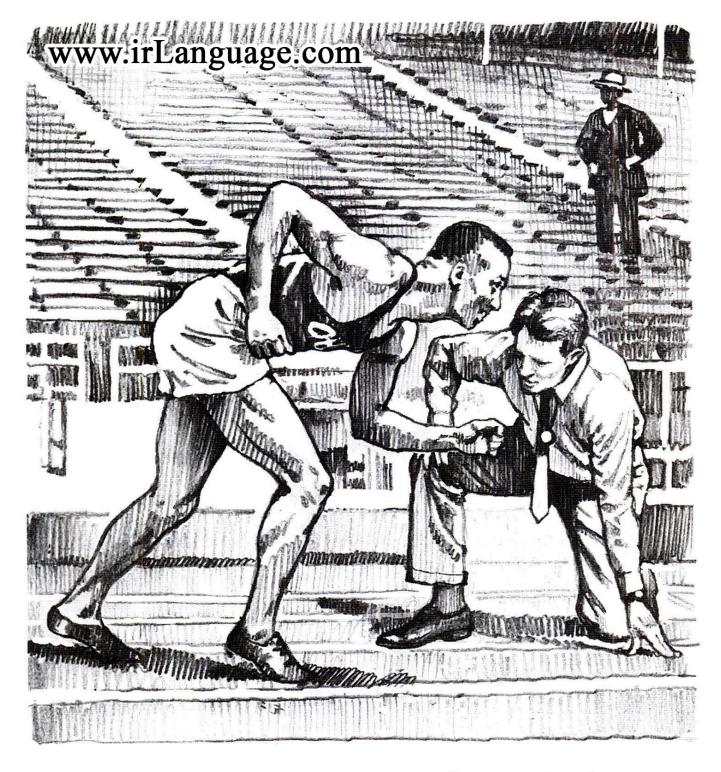
Life at Ohio State was not always easy. In 1934, out of more than fifteen thousand students, only about one hundred were black. Though Ohio was not a Jim Crow state, the university was segregated. Jesse could not live on campus. When his track team traveled south, he and the other black team members sometimes had to eat on the bus while their white teammates ate in a restaurant.



But he tried hard not to let such racism bother him. "If someone [said something racist] to him, Jesse would say, 'That's his problem, not mine,'" fellow runner Louis Zamperini later said.

As he had done in the past, Jesse worked while he went to school. He worked at a gas station, at the school library, and even at the Ohio Statehouse. While white students got to operate passenger elevators at the statehouse, Jesse had to operate a freight elevator in the back of the building.



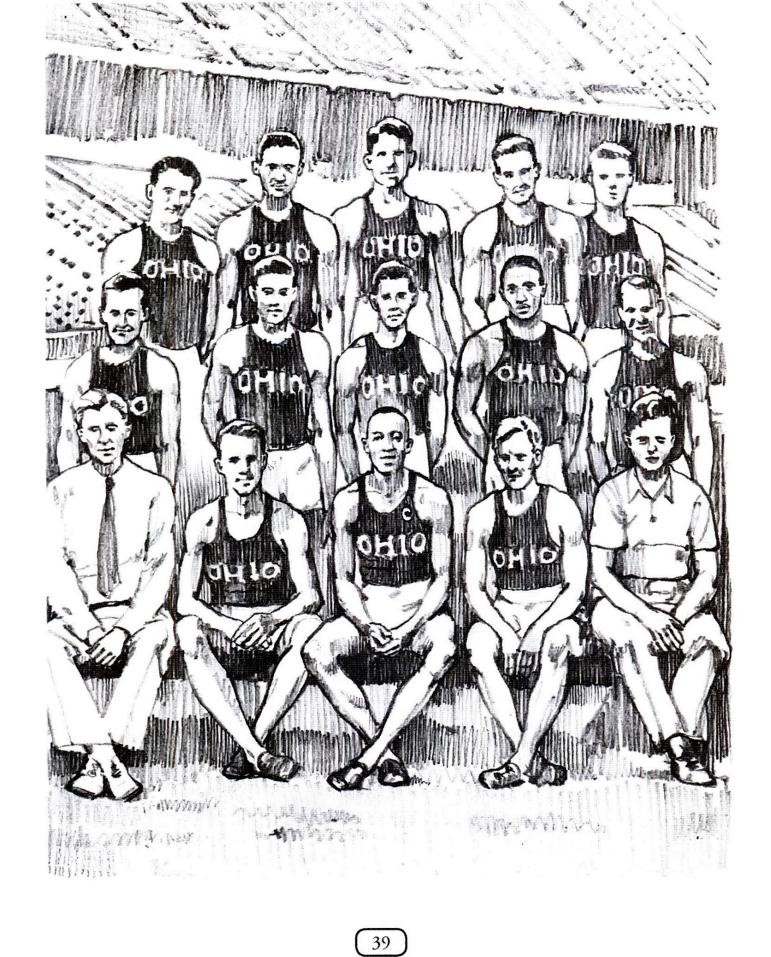


On the track, Ohio State coach Larry Snyder picked up where Charles Riley left off. Jesse felt his coach respected him as a person, regardless

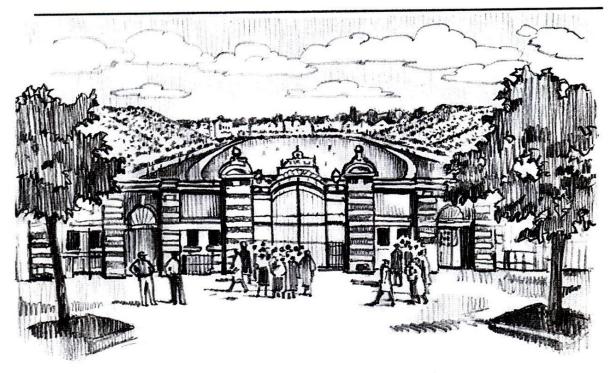
of his race. Coach Snyder took Jesse to local schools to meet children. And he asked Jesse to speak at lunches for businessmen and Ohio State supporters. Coach Snyder had been a track star at Ohio State himself. He introduced new training methods, including having team members work out in time to music played over stadium loudspeakers.

Ohio State was part of the Big Ten, an athletic organization of ten large midwestern schools. The 1934 Big Ten Conference track-and-field meet was a showcase for Jesse. He won the 100-yard dash, the 220-yard race, and the long jump.

Before his second season, Jesse was named captain of the Ohio State team. He was the first black person to earn that honor for any sport in the Big Ten.



Chapter 5 An Amazing Day

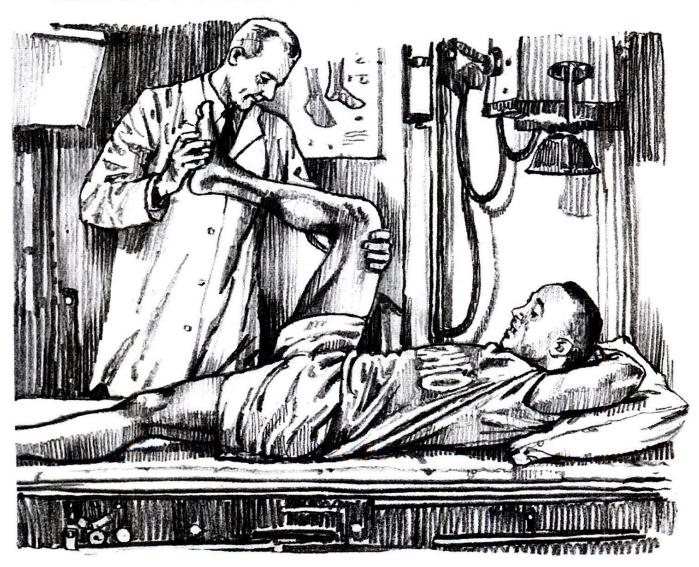


At the end of the track season, the top athletes from each Big Ten school gathered for a championship meet. The 1935 Big Ten Championships were held at Ferry Field at the University of Michigan.

It was the biggest event of the track season for Ohio State. But Jesse nearly did not make it.

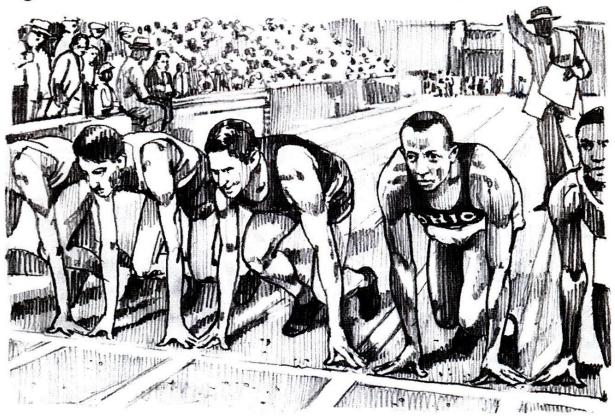
About a week before the big day, he was wrestling with some friends. He accidentally fell down some stairs and hurt his back. He was in great pain and thought he might not be able to compete. Coach Snyder did not want Jesse to run and put his future in danger, no matter how important the meet was to the school.

But Jesse worked with the team trainers all week to get better. He got massages. He took hot baths and did stretches and exercises.



On May 25, 1935, he showed up at Ferry Field and made history.

At 3:15 p.m., aching back and all, Jesse lined up for the 100-yard dash. When the starting gun went off, he flew out of his starting crouch.



He was ahead of the rest of the runners in a few yards and burst through the finish tape a few seconds later. The timers checked their watches: 9.4 seconds! He had tied the world record set in 1930 by Frank Wykoff!



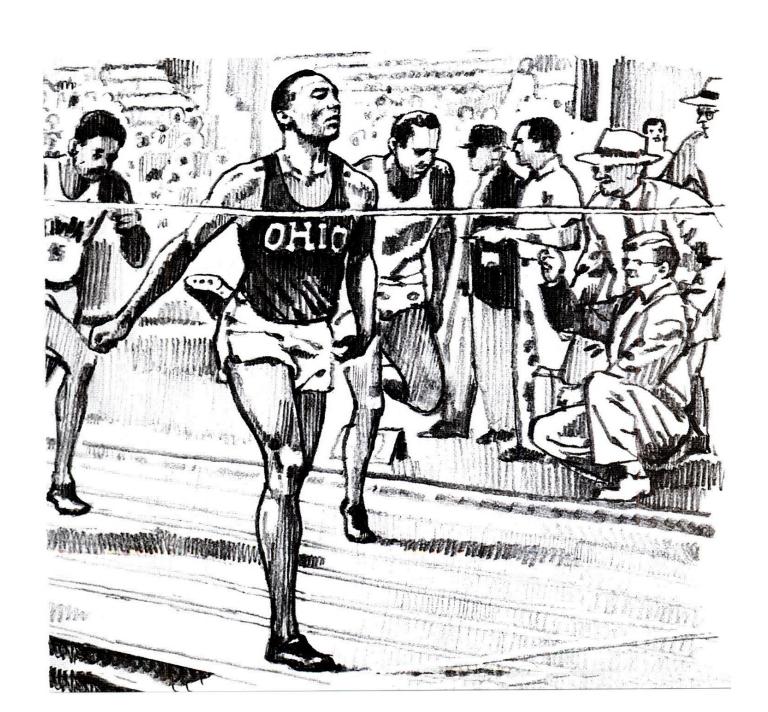
Fifteen minutes later, Jesse took his first long jump. He sprinted down the runway. He stepped hard on the takeoff board and leaped. When he landed, he had jumped farther than anyone in history—26 feet, 8¼ inches! His jump broke the

old record by six inches—an accomplishment no one expected. In the long jump, a new record was usually set by an inch or two at a time.

Only nine minutes later, Jesse was at it again. This time the event was the 220-yard dash, straight down the track. Once again he pulled ahead of the other runners and finished far in the lead. His time of 20.3 seconds also set a world record!



After resting briefly and stretching his injured back, he returned to the track at 4:00 p.m. Just 22.6 seconds later, he won his fourth event, the 220-yard low hurdles. He had claimed his *third* world record of the day! In less than an hour, he had set or tied four world records. No one before or since has matched that feat.



When Jesse returned to his house that night, his back hurt so much that, he later said, "they had to carry me up the stairs."

Because of his amazing talents, Jesse was becoming known throughout the United States.

Jork Dim

Sports fans read about him in newspapers everywhere.

When Ohio State finished

second in the national

championships, Jesse

scored 40 of the team's

40.5 points. The New

York Times wrote about his

accomplishments on the front page of the sports section. As he won race after race for Ohio State, people saw him in newsreels in movie theaters. Black people especially began to follow him as one of their heroes, right up there with champion boxer Joe Louis. They all wondered if he could keep running fast enough to win Olympic gold.

JOE LOUIS (1914—1981)

JOSEPH LOUIS BARROW, KNOWN AS JOE LOUIS, WAS AN AMERICAN PROFESSIONAL BOXER. NICKNAMED THE BROWN BOMBER, HE WAS THE FIRST AFRICAN AMERICAN TO ACHIEVE NATIONWIDE RECOGNITION AS A SPORTS HERO.

LOUIS HELD THE TITLE OF WORLD HEAVYWEIGHT CHAMPION FOR A RECORD TWELVE YEARS, FROM 1937 TO 1949. HE IS CONSIDERED ONE OF THE GREATEST HEAVYWEIGHT BOXERS OF ALL TIME.



Chapter 6 An Olympic Trip



In the summer of 1935, Jesse and Ruth finally married. He was still in school, while she was caring for baby Gloria. In the fall, when the school year began, Jesse struggled on the track for the first

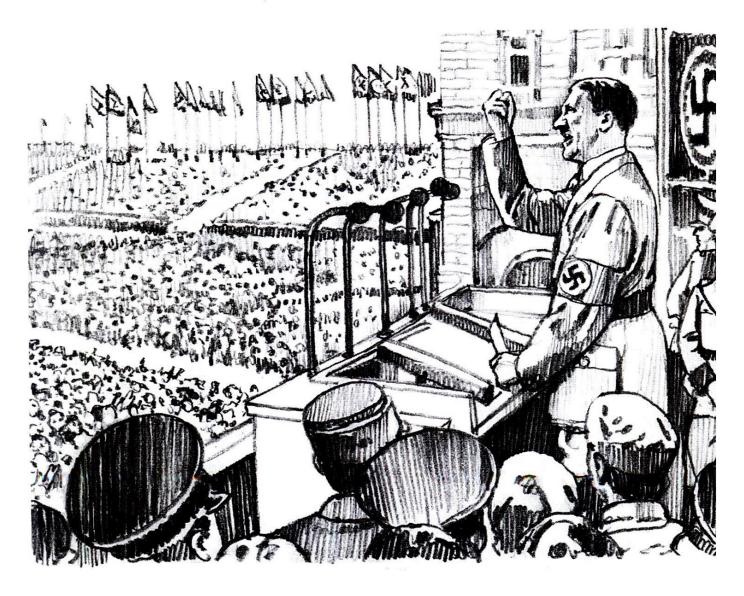
time, losing several key races. Up until now, he had kept his grades high enough to stay in school. But suddenly he was suspended from the track team due to bad grades. He knew the Olympics tryouts would be held that summer. He worked hard in class over the winter and was allowed to return to the team and prepare for the Games.

In July 1936, Jesse traveled to New York City for races that would decide who would represent the United States in that year's Summer Olympics. In New York, he won three events: the 100- and 200-meter dashes and the long jump.



Another dream had come true: He was an Olympian! The Games would be held in Berlin, Germany, in August.

As he prepared for the long trip, important events were unfolding in Europe. Adolf Hitler had become Germany's powerful leader. He was head of the National Socialist German Workers' Party, commonly known as the Nazis. Hitler and the Nazis hated anyone who was not "fully German."



They hated Jews, handicapped people, homosexuals, and black people. They chased thousands of people out of the country, even those who had been German citizens their entire lives.

The news from Germany frightened many Americans. They believed participating in the 1936 Berlin Olympics would give power to Hitler, and many were disgusted by Nazi ideas. Many called for the United States to boycott.



Jesse didn't share Hitler's views, but he was against a boycott. Coach Snyder believed the Olympics were what Jesse had been waiting for. By going to Berlin and winning, Snyder told him, Jesse could show the world how great he was. He could also show Hitler what a black athlete could accomplish.

HITLER AND THE NAZIS

IN 1933, THE NATIONAL SOCIALIST GERMAN WORKERS' PARTY CAME TO POWER IN GERMANY. COMMONLY KNOWN AS THE NAZIS, THEY BELIEVED THAT ONLY "PURE" GERMANS DESERVED TO LIVE IN THEIR COUNTRY. THEY PERSECUTED ANYONE THEY BELIEVED DID NOT BELONG, INCLUDING JEWS, CATHOLICS, GYPSIES, HOMOSEXUALS, AND BLACKS. THEIR LEADER WAS ADOLF HITLER. HITLER EVENTUALLY DIRECTED HIS ARMY AND SECRET POLICE TO KILL AS MANY JEWISH PEOPLE AS POSSIBLE, A TRAGIC PLAN TODAY KNOWN AS THE HOLOCAUST.

IT WAS HITLER'S GOAL TO EXPAND GERMANY BY INVADING NEIGHBORING COUNTRIES.
IN 1939, GERMANY ATTACKED NEARBY NATIONS IN EUROPE, AND WORLD WAR II BEGAN.

BY THE TIME GERMANY
SURRENDERED IN 1945, HITLER
HAD COMMITTED SUICIDE
RATHER THAN FACE JUSTICE.
THE HORRORS OF THE NAZI
REGIME REMAIN ONE OF
HISTORY'S DARKEST MOMENTS.





Important black newspapers such as the New York Amsterdam News as well the National Association for the Advancement of Colored People (NAACP) urged Jesse and the other athletes to boycott. Some US senators and state governors felt the same way. And thousands of people attended rallies to call for a boycott.

Two groups had a say in the decision to send US athletes to the Games. The Amateur Athletic Union (AAU) spoke for track and field, the biggest

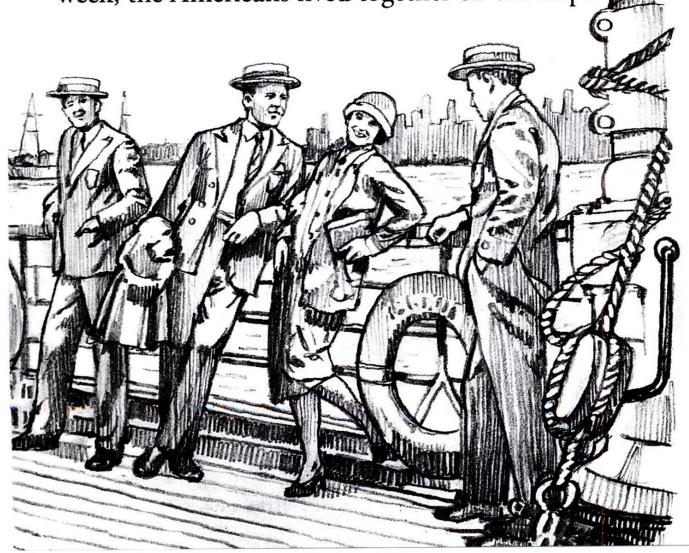
and most important sport in the Olympics. The American Olympic Committee (AOC) was in charge of all US athletes, including the AAU group.

After months of debate, a vote was held by AAU leaders in December 1935. They voted 58.25 to 55.75 to send the team. It was a very close vote. Boycott supporters were shocked and feared the decision would give the impression that the United States supported the Nazis.



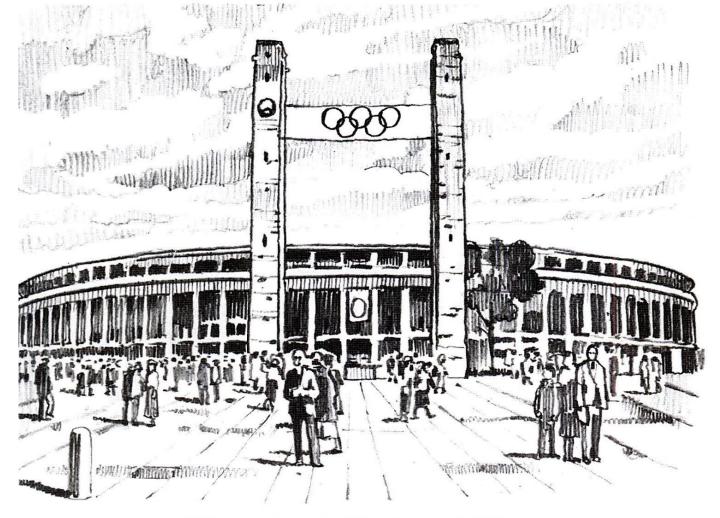
Once the decision was final, the American athletes, including Jesse, gathered to sail to Germany. A total of 359 American athletes—313 men and 46 women—would battle for gold medals in 19 sports.

Jesse joined the entire US Olympic team on a huge ship, the S.S. *Manhattan*. Dressed in blue blazers and wearing straw hats called boaters, the athletes waved from the deck as the United States slipped away behind them. For more than a week, the Americans lived together on the ship.



More black athletes made up the track team than ever before, and they mixed easily with the white athletes, who recognized only skill, not skin color. Photographers captured Jesse practicing his hurdles on the deck of the ship. He jogged the long, wide walkways to stay in shape.





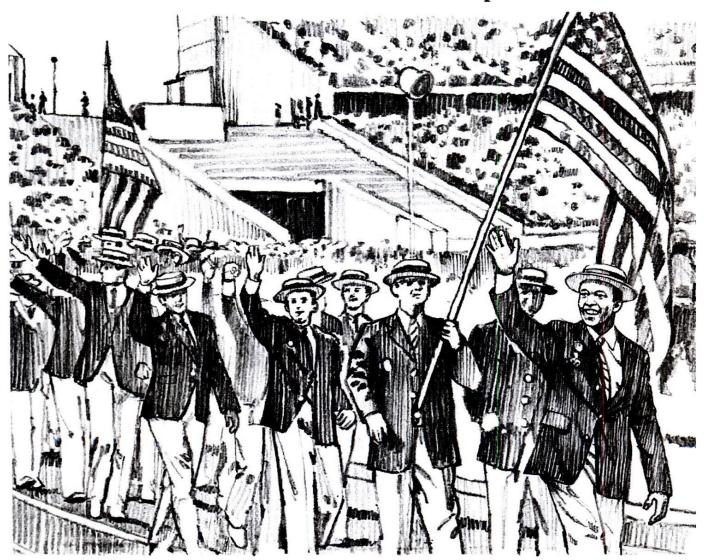
BERLIN OLYMPIC STADIUM

The American athletes would join Olympians from forty-eight other countries. More than 4,400 men and women would compete in a wide range of sports, including track and field, rowing, gymnastics, weightlifting, fencing, and field hockey. The German team had 348 athletes, one of the largest groups entered.

In Germany, Jesse was greeted warmly as an athletic hero. His world records and performance on the track had already made him famous. The German government may have felt otherwise, but the German people wanted to see the great athlete in person.

Chapter 7 A Legend Is Born

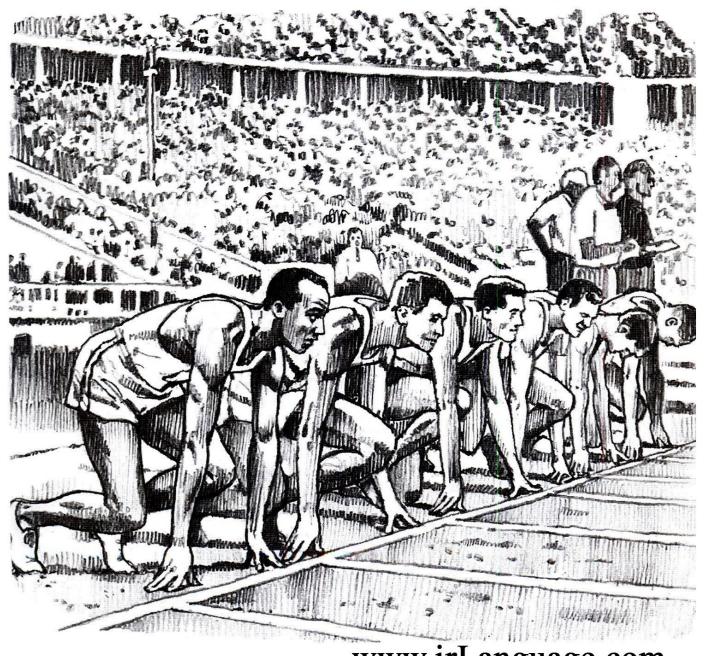
On August 1, athletes from forty-nine nations marched into Olympic Stadium at the Opening Ceremonies. Bands played, pigeons were released in celebration, and the Olympic torch arrived in front of more than one hundred thousand spectators.





The Berlin Olympics marked the first time the torch was carried from city to city in the host country before arriving at the stadium. This tradition has been a part of the Olympics ever since.

On August 3, Jesse competed in the finals for the 100-meter dash. He approached the starting line. Next to him were runners from the Netherlands, Germany, and Sweden, along with two fellow Americans. He carefully dug his feet into the small holes he had made in the track. The imprints would help him start running quickly.



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The crowd grew silent, awaiting the starting pistol. *Crack!* At the sound, Jesse and the other five runners sprinted forward. The race was close for only a moment. Then Jesse pulled ahead. Running

with his usual calm, easy grace, he sprinted across the finish line first. He was a gold-medal champion . . . and now the "fastest man in the world."

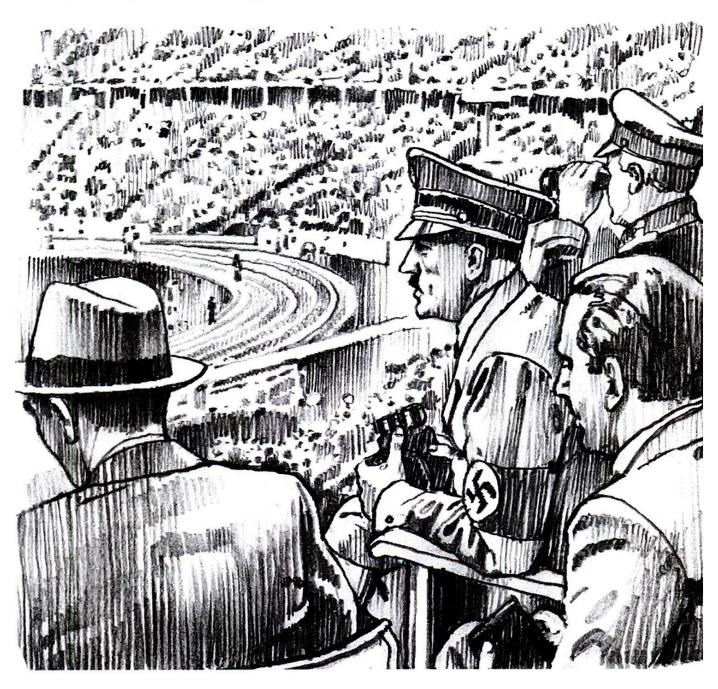
Soon he stood atop a small platform called a podium. One step below him stood silver-medalist Ralph Metcalfe. Hitler and the Nazis believed whites were the greatest race on the planet. Jesse Owens and Ralph Metcalfe had proven them wrong. The bronze medalist was Martinus Osendarp from the Netherlands. Jesse was presented with a crown of laurel leaves, an Olympic tradition dating back to ancient Greece.



A gold medal was placed around his neck. He stood at attention as "The Star-Spangled Banner" was played in the heart of Nazi Germany.

"The competition was grand, and I'm glad to come out on top," Jesse told reporters.

As he walked off the field after the medal ceremony, he was led toward the stands. From his seat high above, Hitler was seen to give a short wave, a version of the Nazi salute. But Hitler did not personally greet the new Olympic champion.



Hitler had publicly congratulated two German athletes the day before. After that he did not congratulate athletes from any other nation.

By the next day, American newspapers were reporting that Hitler had "snubbed" Owens by not shaking his hand after the race. If true, it was

a great insult, and many Americans reacted with anger. Newspaper headlines back in the US said that the German



the African American gold medalist. The Baltimore Afro-American wrote "Adolf Snubs US Lads." However, other reporters on the scene in Berlin did not report such news. The Pittsburgh Courier wrote "Germany officially explained that Hitler did not intend to slight our athletes."

Whether Hitler snubbed Jesse or not, it was well-known that Nazis believed black people to be less than human. Hitler and his followers were extreme racists. "White humanity should be ashamed of itself" for letting black athletes win, wrote Joseph Goebbels, a top Nazi official. Around the world, more and more people began to realize that it was the Nazis who should be ashamed.

Chapter 8 Golden Moments

Jesse's success at the Olympic Games continued.

His next event was the long

jump, held on August 4.

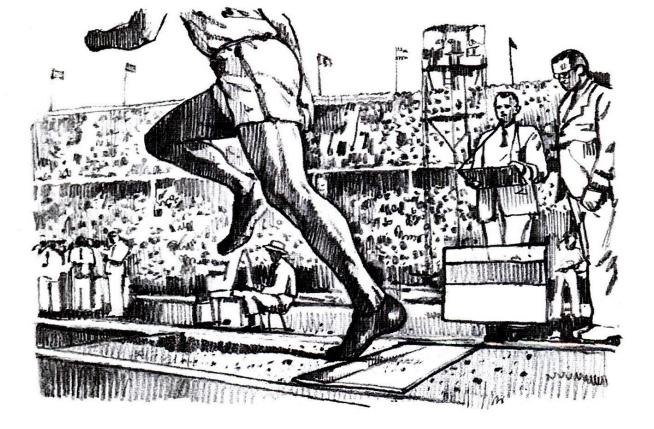
His toughest rival was a jumper named Luz Long. Luz was German but did not share the views of Hitler and the

Nazis. He respected

Jesse as a fellow competitor. To reach the event finals, each athlete had to

LUZ LONG

make a jump of at least 23 feet, 51/2 inches. Jesse

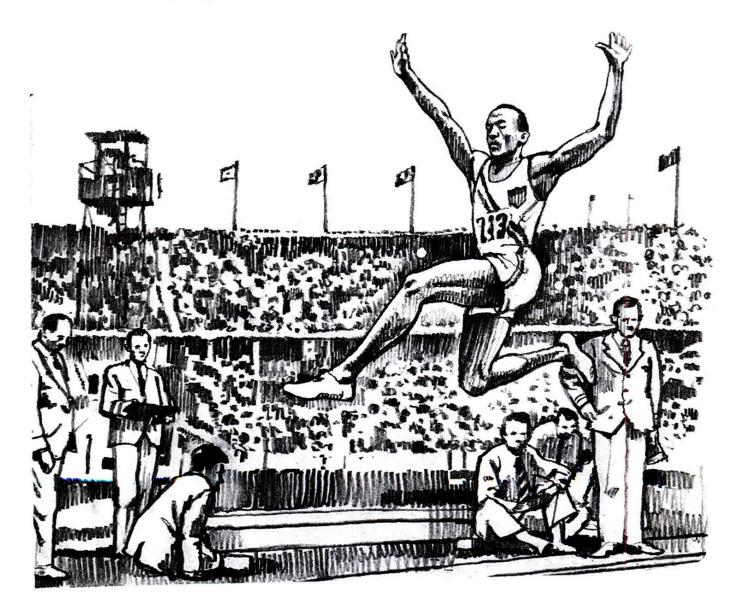


had jumped that far in high school, so it should have been no problem. But Jesse made a foul on his first qualifying jump by stepping too far past the takeoff board. If Jesse fouled again, he would be out of the finals. Luz came over to Jesse and suggested that Jesse move his takeoff point back just to be safe. Jesse did, and on his next jump, he easily qualified for the final. After that jump, Jesse shook Luz's hand in thanks.

The long-jump final came down to just Jesse and Luz. Jump after jump, they topped each other.

Finally, Jesse jumped 26 feet. "I decided I wasn't going to come down. I was going to fly. I was going to stay up in the air forever," he said later.

Luz could not match that distance, and Jesse earned his second gold medal. Luz hugged Jesse after they got their medals and escorted him around the stadium, arm in arm, as the German fans cheered. Jesse said he would always remember Luz Long's great sportsmanship.



On August 5, Jesse competed for his third gold medal, this time in the 200-meter dash. By now, German fans understood they were watching a true champion. As the runners prepared for the event, the fans chanted Jesse's last name in their German accent: "Oh-vens! Oh-vens! Oh-vens!" With a time of 20.7 seconds, Jesse set a world record and won his third gold medal. After the medal ceremony, he happily signed autographs for his German fans.



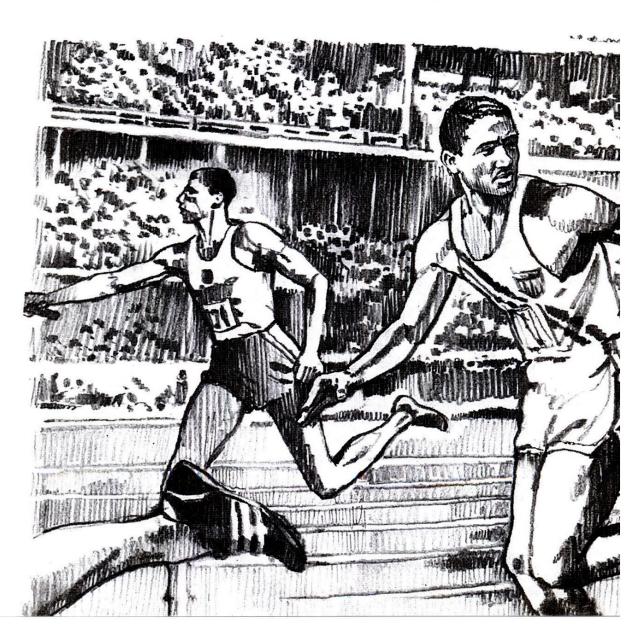
American team leaders wanted Jesse to run again, this time in the 4 × 100-meter relay. In this race, four runners pass a baton from hand to hand as each finishes a 100-meter section. But four runners had already been assigned to this race. By swapping in Jesse and silver-medalist Ralph Metcalfe, the US committee hoped, it said, to secure another gold medal. To make room for Jesse and Metcalfe, the coaches removed two other runners, Marty Glickman and Sam Stoller.



SAM STOLLER AND MARTY GLICKMAN

This move was very surprising. Owens and Metcalfe did not become part of the relay team until the last minute. Many people, including Glickman and Stoller, thought there was another reason for the change. "If you drop us, there's going to be [a lot of controversy]," said Glickman. "We're the only two Jews on the track team."

Although no official reason was ever given, historians believe the US team changed runners



after a demand from the Nazis, who hated Jews even more than they hated black people.

Jesse didn't want to do it. "I've got three medals. I don't need any more," he said. But US team leaders forced him to run.

Jesse, Metcalfe, Foy Draper, and Frank Wykoff raced to victory in the relay. Their time of 39.8 seconds set a world record. It was Jesse's fourth gold medal.





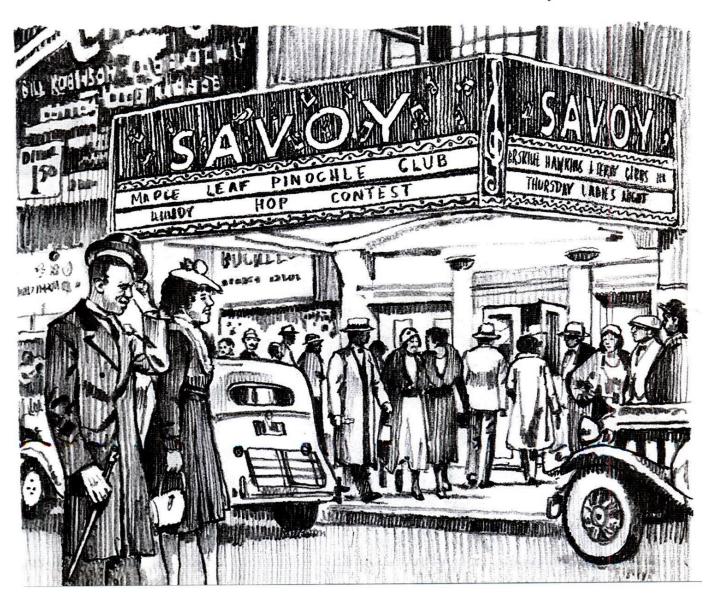
In a little less than a week, he had done something remarkable. He was the first American athlete ever to win four track-and-field gold medals at a single Olympics. Looking back to the beginning of his gold-medal winning streak, he often said, "It was the happiest day of my life."

Chapter 9 Life After the Olympics

After the games were over, Jesse sailed home to America. He left ahead of the US team, which went on a tour of other European cities. Jesse had chosen not to join them. In New York City a huge crowd



welcomed him when he arrived. He was greeted by his family members, too, who had traveled from Cleveland for the occasion. Even amid the celebration, there were signs of America's continuing racial divide. By 1920, New York was home to more black people than any other northern city. The New York neighborhood known as Harlem—located in uptown Manhattan—was the center of black American life. By 1936, Harlem boasted famous restaurants, churches, nightclubs, businesses, and newspapers, all owned and run by blacks. Downtown Manhattan was a different story.



Jesse's parents, Henry and Emma, and his wife, Ruth, were refused service at several hotels downtown before they found one that would allow them to stay.

On his first night in New York, Jesse was taken to dinner at the Harlem home of black entertainer Bill "Bojangles" Robinson. A dancer,



singer, and actor, Robinson was one of the most famous entertainers in the country. He was also one of few people to offer Jesse work after the Olympics. He invited him to appear in some of his shows and held a special dinner for him, where he introduced him to other entertainers. Robinson even asked his manager to help the star athlete.



THE HARLEM RENAISSANCE

BECAUSE OF THE GREAT MIGRATION, HARLEM HAD BECOME THE LARGEST BLACK NEIGHBORHOOD IN AMERICA. AFTER WORLD WAR I, IT ALSO BECAME THE SITE OF A MOVEMENT CALLED THE HARLEM RENAISSANCE. RENAISSANCE MEANS "REVIVAL" OR "REBIRTH." DURING THIS PERIOD, BLACK ARTISTS AND WRITERS IN HARLEM RENEWED THEIR CONNECTION TO THEIR HERITAGE.



POETS, NOVELISTS, AND WRITERS CREATED WORKS THAT CELEBRATED THE LIVES OF BLACK PEOPLE IN AMERICA. MAGAZINES SUCH AS CRISIS AND OPPORTUNITY GAVE EMERGING WRITERS SUCH AS LANGSTON HUGHES, COUNTEE CULLEN, AND ZORA NEALE HURSTON NEW PLACES TO SHARE THEIR WORK. PAINTERS CREATED ART THAT SHOWED THE STYLE AND ENERGY OF THE NEIGHBORHOOD. JAZZ AND THE BLUES, THE MUSIC OF BLACK PEOPLE IN AMERICA, GREW IN POPULARITY. AND ORGANIZATIONS SUCH AS THE NAACP HELPED ORGANIZE BLACK PEOPLE FIGHT FOR EQUAL RIGHTS.

THE HARLEM RENAISSANCE LASTED ONLY FROM 1918 TO 1937. BUT MANY BLACK WRITERS SINCE THEN WERE INSPIRED BY THOSE RENAISSANCE WRITERS. THE MUSIC OF THOSE TIMES HAS BECOME AN IMPORTANT PART OF AMERICAN LIFE. THE IDEAS OF EQUAL RIGHTS THAT STARTED IN THOSE DAYS GREW INTO THE CIVIL RIGHTS MOVEMENT OF THE 1960S. THE HARLEM RENAISSANCE MARKED THE BEGINNING OF AFRICAN AMERICAN CULTURAL EXPRESSION.

Then the Owens family returned to Cleveland for a celebration of his success. A huge crowd watched a parade through the city. Three days later, he was honored in the state capital of Columbus. The governor made a speech and gave Ruth a set of fancy silverware as a gift.

When the rest of the US Olympic team



returned from Europe three weeks later, Jesse joined them in New York City for another parade. Jesse again experienced the ups and downs of his fame as a black athlete. He rode in the front car, but he sat with the famous pro boxer Jack Dempsey, who had once said he would never fight a black man. Many black people hated Dempsey.





They were uncomfortable that Jesse was sitting with him. Also, many black people were still upset with Jesse for not boycotting the Games. As a result, he was booed when the parade reached Harlem.

Also, reporters pointed out that the rest of the black Olympic athletes were crowded together in a single car at the back of the long parade. Even in a city as great as New York, even in a strong black community like Harlem, racism was still very evident.

By late summer 1936, after the parades and celebrations, Jesse faced new obstacles. While in Germany winning gold medals, he had received many job offers and opportunities for paid appearances back home. However, when he returned to America, nearly all the offers disappeared.

"It became increasingly [clear] that everyone was going to slap me on the back, want to shake my hand or have me up to their [hotel] suite," he said later. "But no one was going to offer me a job."

Only a few months after his Olympic triumph, he was offered a real, if strange, moneymaking opportunity. He was paid to fly to Cuba to race a horse called Julio McCaw. During halftime at a soccer game, Jesse easily outran the horse and took home \$2,000, which was what most people made in an entire year.



"People said an Olympic champion [should not] race a horse," he said years later. "But you

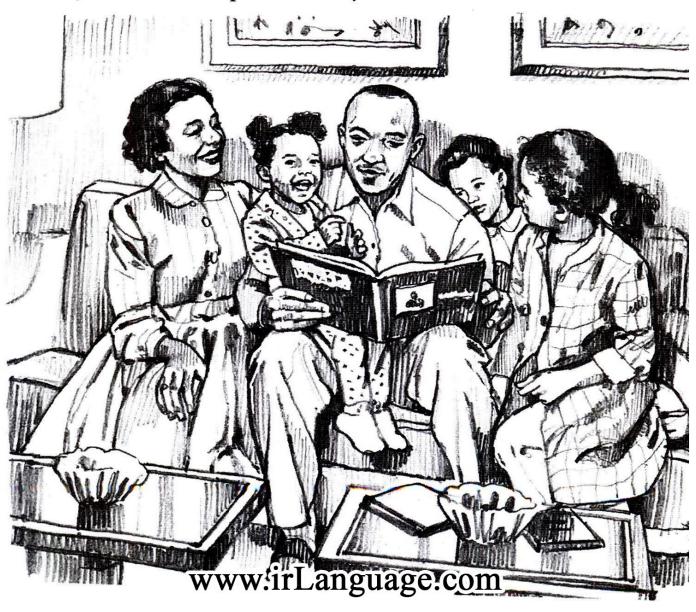
can't eat four gold medals." Because he needed to earn a living, he could not afford to take time to finish his college degree. And since he had become a professional athlete, he could not rejoin the Ohio State track team.

Jesse was comfortable in front of people and hoped his next career would involve performing in some way. He went to work for Bojangles. After taking some dancing lessons, he went on a short tour with him.



Then, in early 1937, he got a job introducing and "leading" a twelve-piece band. It was a good job, but when the band's concerts were over, so was the job. He had to find other ways to make a living.

The next few years were a mix of joy and sadness. Jesse and Ruth had two more daughters, Marlene and Beverly. But in 1940, Henry Owens, Jesse's father, passed away.



Over the next decade, Jesse moved from job to job. White Olympians appeared in movies, or were paid to promote products. Black athletes like Jesse had few such opportunities. But as he said, he "hated to sit or to stand still."

In 1949, he moved his family to Chicago for a job with the Leo Rose Clothing Company, whose products he would help promote. He also worked with an insurance company and a Chicago hotel.

Later, he was given a job with the Illinois State Athletic
Commission. By the mid-1950s, things had improved quite a bit for him and his family.
In 1950, the Associated
Press had named him the greatest track athlete of the first half of the twentieth century.

The award slowly brought him back into the spotlight and reminded many fans of his great achievements.

Jesse was soon being paid to give speeches all over the country and to act as a spokesman for a large oil company. His gold-medal success was finally paying off.

In 1955, President Dwight
Eisenhower asked him to travel
through Asia on behalf of
the United States. Jesse visited
Singapore, India, the Philippines,
and Malaysia, among other nations.
He was one of several well-known
Americans sent abroad to promote
democracy. "On our trip we are
talking about our [American] way
of life, the best way of life in the
world," he said.



Chapter 10 A Legacy of Strength

Though he was traveling the world and speaking about how great life was in the United States, life was not great for many black people,



especially in the South. America was still a racially divided country. To try to change that, many African Americans joined the Civil Rights Movement as the 1960s began. They rallied and marched, calling for an end to Jim Crow laws and other forms of racism. Some leaders in the movement wanted Jesse to support their cause through speeches. However, he chose not to.



At that time, he believed protest was not the



DR. MARTIN LUTHER KING JR.

way to change things. He wanted to live his life as best he could. He did not want to rock the boat. He appreciated what people like Dr. Martin Luther King Jr. were doing to make life better for African Americans. But he did not think they should protest.

In 1970, he cowrote a book titled *Blackthink*, in which he expressed these feelings. "If the Negro doesn't succeed in today's

America," he wrote, "it is because he has chosen to fail." He even compared the ideas of some black leaders to the ideas of Hitler. He wrote that he believed that arguing and protesting were not the answers to America's problems with race. Many of his longtime admirers were shocked and hurt.

They were angry that a black hero like Jesse had said he was not on their side. For the first time in his life, he received hate mail. Hearing from other blacks changed him. He realized he had been focusing on his own story and not appreciating the troubles other black people endured. He finally understood what the Civil Rights Movement was all about.

Two years later, he wrote another

book, *I Have Changed*. In it, he apologized for *Blackthink*. Finally, Jesse understood the goals of the Civil Rights Movement more clearly.

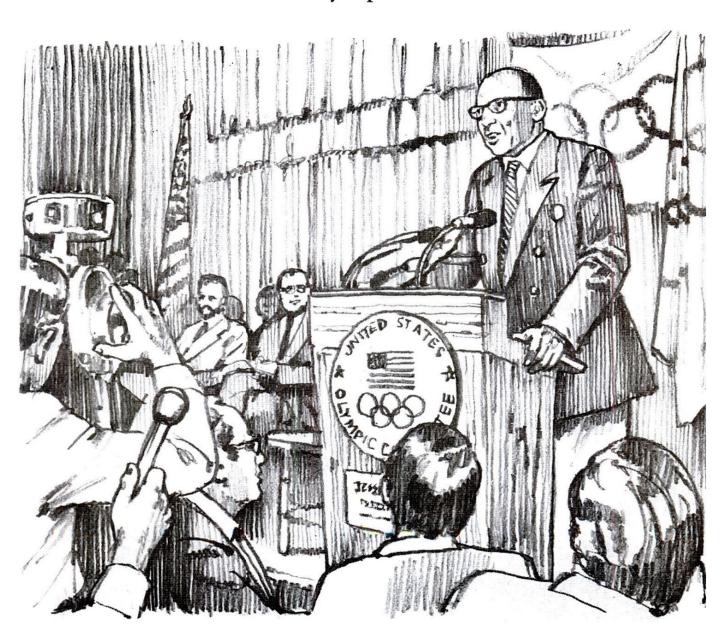
Throughout the 1960s and 1970s, Jesse was paid to appear

in advertisements for products such as credit cards, cigars, and soup. He also ran an advertising business that helped companies make ads and get attention for their products. All of his and Ruth's three daughters graduated from college, including two who had attended Ohio State. In 1961, Marlene had become the first African American woman named homecoming queen at OSU.



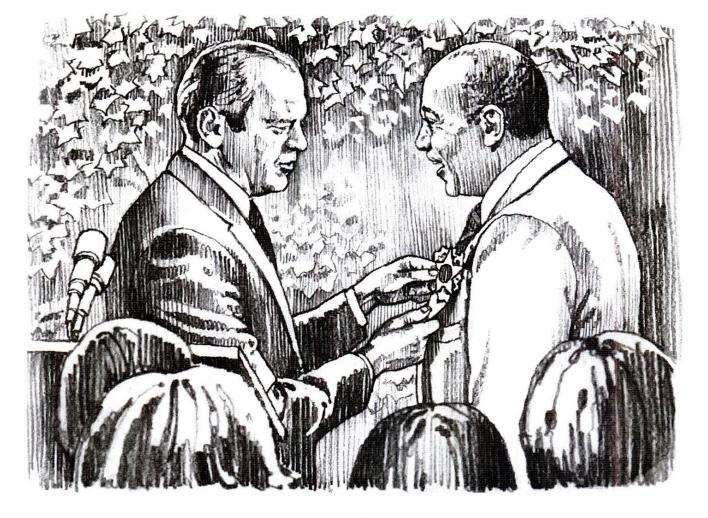
In the early 1970s, Jesse and Ruth moved from Chicago to Arizona.

In the 1970s, Jesse again played a role in the Olympics. In 1972, he was honored at the Summer Olympics in Munich, Germany. He returned to the country where he first won Olympic glory. The organizers of the Games gave him a special award, and once again he heard cheers from a huge crowd. And in 1973, he was elected to the board of directors of the US Olympic Committee.



Over the next few years, he received many other awards. Ohio State gave him an honorary college degree. He had never graduated from the school, so the degree meant a great deal to him. The NCAA, which organizes college sports, gave him the 1974 Theodore Roosevelt Award. That same year, he was elected to the International Track and Field Hall of Fame.



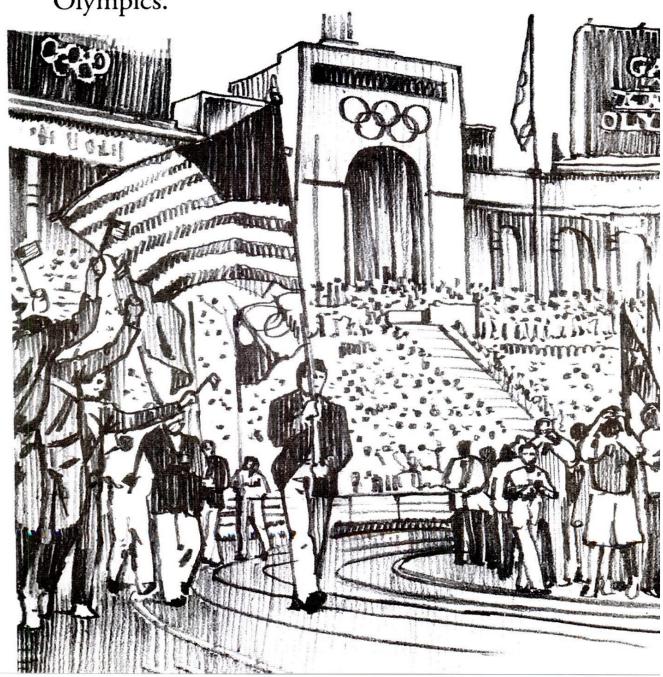


The Presidential Medal of Freedom is the highest honor the United States can bestow on a citizen. President Gerald Ford gave this award to Jesse in thanks for his support of his country during his travels, and in honor of his athletic success.

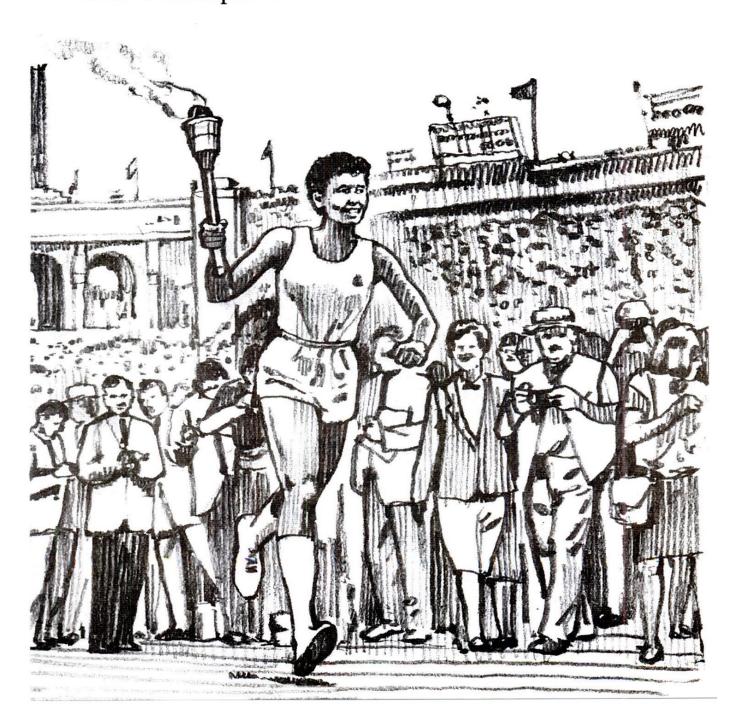
Though Jesse was still traveling and giving speeches, he was also enjoying a quiet life with Ruth in the warm weather of Arizona. But in 1979,

three years after receiving the Presidential Medal, he learned he had lung cancer. On March 31, 1980, he died of the disease at his home in Arizona. He was sixty-six years old.

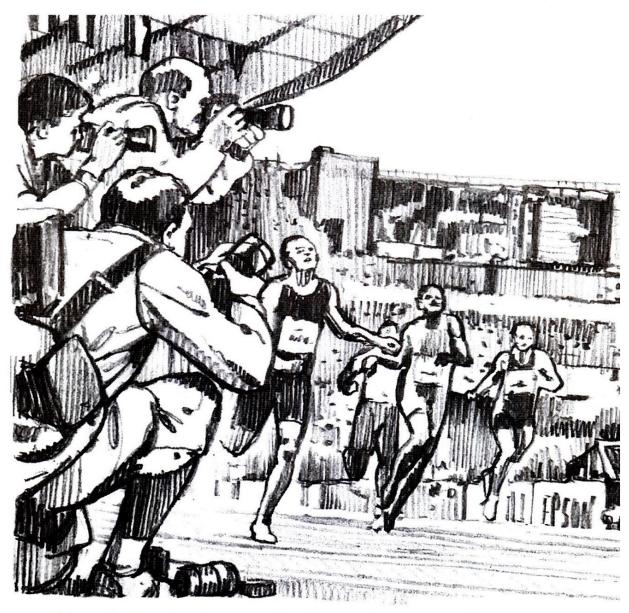
Jesse's Olympic legacy continues. In 1984, his granddaughter Gina was chosen to carry the torch into Memorial Coliseum to start the Los Angeles Olympics.



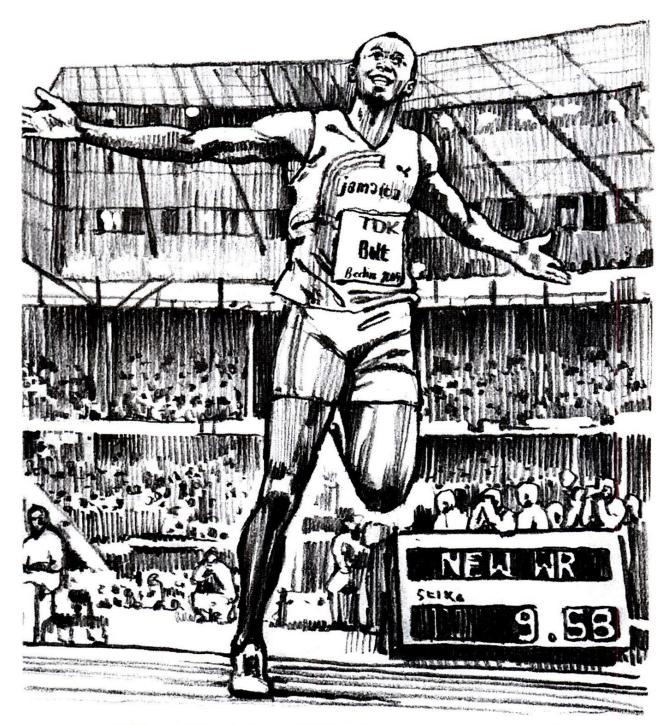
Decades later, Jesse's amazing accomplishments on the track remain among the greatest in American sports history. His success in the face of Nazi hatred remains an inspiration. His life after the Olympics was not as glorious, but he faced it with the same strength and hard work that made him a champion.



THE 100-METER DASH AFTER JESSE OWENS



JESSE OWENS'S BEST TIME IN THE 100-METER DASH WAS 10.2 SECONDS. HE HELD THE WORLD RECORD FOR TWENTY YEARS, UNTIL WILLIE WILLIAMS FINISHED THE RACE IN 10.1 SECONDS IN 1956.



THE WORLD RECORD AS OF 2015 IS 9.58
SECONDS, SET IN 2009 BY JAMAICA'S USAIN BOLT.
THAT MEANS THAT AFTER SEVENTY-EIGHT YEARS,
RUNNERS HAVE IMPROVED JESSE'S RECORD BY
ONLY A LITTLE MORE THAN A HALF SECOND!

TIMELINE OF JESSE OWENS'S-LIFE

| 1913 | —Jesse Owens is born in Oakville, Alabama |
|----------|--|
| 1921 | —Moves with family to Cleveland, Ohio |
| 1932 | —Daughter Gloria born |
| 1933 | —Begins studying at Ohio State University |
| 1935 | —At Big Ten Championships, sets three world records and ties another in less than an hour Marries Ruth Solomon |
| 1936 | —Wins four gold medals at Summer Olympics in Berlin, Germany |
| 1939 | —Daughter Marlene born |
| 1940 | —Daughter Beverly born |
| 1949 | —Moves with family to Chicago |
| 1950 | —Is named top track athlete of the first half of the twentieth century |
| 1955 | —Sent on international goodwill tour by President Eisenhowe |
| 1960 | —Starts his own advertising and marketing company |
| c. 1971 | —Moves with Ruth to Arizona |
| 1973 | —Elected to board of directors of US Olympic Committee |
| 1976 | —Given Presidential Medal of Freedom |
| 1980 | —Dies of lung cancer in Arizona at age sixty-six |
| | |

TIMELINE OF THE WORLD

| 1913 | United States introduces income tax— |
|------|---|
| 1924 | The first Winter Olympic Games held in France— |
| 1927 | Charles Lindbergh is the first person to fly solo across the Atlantic Ocean |
| 1933 | Adolf Hitler elected chancellor of Germany— |
| 1939 | Germany invades Poland, starting World War II— |
| 1941 | Japan bombs Pearl Harbor, driving US to enter World War II |
| 1945 | US drops two atomic bombs on Japan— World War II ends |
| 1950 | Korean War begins— |
| 1954 | Brown vs. Board of Education ruling by Supreme Courtends school segregation |
| 1963 | March on Washington and major civil rights rally——President John F. Kennedy is assassinated |
| 1964 | Civil Rights Act passed by Congress, making all segregation illegal |
| 1968 | Civil rights leader Martin Luther King Jr. assassinated— |
| 1972 | Palestinian terrorists kill eleven Israeli athletes and coaches at the Summer Olympics in Munich, Germany |
| 1975 | Last US forces leave Vietnam at the end of Vietnam War |
| 1976 | America celebrates the Bicentennial, its two hundredth birthday |
| 1980 | To protest the Soviet invasion of Afghanistan,—the US does not send athletes to the Summer Olympics in Moscow |
| | |

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^{*} Books for young readers

Who Was Jesse Owens?

- A young boy who delivered groceries and worked in a shoe-repair shop
- The winner of four Olympic gold medals in track and field
- One of the greatest athletes of the twentieth century
- All of the above!

Find out more about the real Jesse Owens in this fun and exciting illustrated biography!

The books in this series are listed inside. Read them all!



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